WORKFORCE DEVELOPMENT OPPORTUNITIES HANDBOOK

YOUTH EMPOWERMENT SUPPORT (YES)
A SECTION OF DEPARTMENT OF HOME, CENTRAL TIBETAN ADMINISTRATION

USAID
FROM THE AMERICAN PEOPLE
“Take into account that great love and great achievements involve great risk."

- His Holiness the 14th Dalai Lama
PROGRAMS

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COUNSELING AND PLACEMENT CELL

Individual and group counseling are provided to Tibetan youth (school/college dropouts, unemployed) on a daily basis at the centre.

In addition, parental counseling is also provided to the parents. Head consultant and counsellor also visits more than 15 Tibetan settlement every year to create awareness about career opportunities, vocational training institutes and also provide counselling. TCC also disseminates information about the various job opportunities and vocational training opportunities available in our community.

A college graduate can approach TCC for any job related help and assistance.

SUCCESS STORIES!
From counseling and placement cell, Ms. Tsewang Wangmo was provided job placement at Gu-Chu-Sum as an accountant and she is also a beneficiary of Tally accounting software training.

CONTACT DETAILS

Email: yesheadconsultant@tibet.net
yesdharamsala@tibet.net

Phone:
+91 8826929714
+91 7018039440
HAIRDRESSING TRAINING PROGRAM

Hairdressing is a much in demand profession where one cuts or styles hair in order to change or maintain a person’s image. Cutting, styling, treating, and colouring hair for men, women, children, and others in a work environment that ranges from homes and salons, to film and television productions.

The demand for good hair stylist is considerably high, as the process of the hair styling has undergone a sea change from simple combs to advanced electrical gadgets. Backed by annual growth rate of 40 percent, the Indian hairstyling industry offers dozens of career opportunities for aspirants entering into this field.

Duration: 4 months
Seats: 10 - 15 Trainees
Eligibility: Class V Pass, 18 – 35 yrs
Admission Announcement: Opens after every 3 months
Affiliation: Jawed Habib Foundations
Scopes: One can either be employed or start a salon and beauty parlor. Many of our former trainees has opened their own successful salons.

Tenzin Sangmo was in 15th batch and has opened own salon in TenzinGang, Arunachal Pradesh in 2018.

Dolma Tsering was our 13th batch trainee and also the Tibetan Entrepreneurship Development’s Pre-incubation Seed Fund awardee who owns a salon at Gangchen Kyishong, Dharamshala.
COMPUTER TRAINING PROGRAM

The center provides computer training to the students under the certification of Institute for Advanced Computer Technology (IACT).

DIPLOMA IN WEB DESIGNING
Duration: 4 months
Seats: 4 – 8 Trainees
Eligibility: Class 12th Pass
Fees: N/A
Admission Announcement: Opens after 4 months

PHOTOSHOP COMPUTER COURSE
Duration: One month
Seats: 10- 15 Trainees
Eligibility: Open to all
Fees: N/A
Admission Announcement: Opens after every one month

BASIC COMPUTER COURSE
Duration: One month
Seats: 10- 15 Trainees
Eligibility: Open to all
Fees: N/A
Admission Announcement: Opens after every one month

INDESIGN COMPUTER COURSE
Duration: One month
Seats: 10 Trainees
Eligibility: Open to all
Fees: N/A
Admission Announcement: Opens after every one month

Ms. Tenzin Choenyi, a former trainee of computer web-designing course, who is currently working at Tibetan Computer Resource Centre on a contractual basis.

CONTACT DETAILS
Email: yesdhramsala@tibet.net
Mobile: +91 8826929714
+91 7018039440
OTHER SHORT TERM PROGRAM

• One month Tally accounting software training.

• Employability skills training on Non-violent Communication, Conflict Resolution, Personality Development and etc.

• Effective Resume Writing and Interview Skills and various soft skills.

• Daily Individual or group counseling at the center.

• Personality development, English communication and Gender sensitization class for hairdressing students for one month.

• Saturday Food for the soul session; a motivational talk on every third Saturday of the month.

Ms. Thupten Lhamo, a former trainee of Tally accounting Software Training is currently employed at Tibetan Women’s Association as an accountant.
MICRO CREDIT PROGRAM CTA
DHARAMSALA

Micro-credit program is managed by Youth Empowerment Support (YES), Department of Home, CTA. It is initiated with the primary objective to provide financial support to the unemployed and capable Tibetan youth to start their own micro enterprises in and around settlement. Loan program is implemented as per the loan guidelines approved by Kashag.

THE CEILING FOR THE MICRO-CREDIT:
- ₹ 100,000/- for an individual
- ₹ 300,000/- for a partnership of 2 people
- ₹ 500,000/- for a group of 3 people or more.

LOAN PERIOD: Max 5 years
AGE LIMIT: 18-50 years
INTEREST: 3%
ANNOUNCEMENT: May of every year

CONTACT DETAILS
Nearest Tibetan Settlement Office, or
Youth Empowerment Support (YES),
Department of Home, CTA

Email: yes@tibet.net
Phone: 01892-222214
The Youth Empowerment Award is designed to promote self-reliance through vocational education and encourage youth to become a contributing member of the community by starting a business.

The program will recognize maximum two individual every year who have not only become self-reliant but are also contributing to the overall development of the community.

The selected individual will be felicitated at the official function of the Tibetan Democracy Day on 2nd September at Tsuglagkhang, Dharamsala.

The Youth Empowerment Award program is implemented as per the rules and regulation formulated by Kashag. Travel cost of the selected individual will be covered as per the rules and regulation.

**ELIGIBILITY:**
1. Should have completed skill training course from any training institute.
2. Should have been running the business for minimum two years and willing to continue the same.

**AGE:** Minimum 18 years old

**AWARD GRANT:** ₹ 35,000 for an awardee.
TIBETAN PRIVATE ITI  
SELAKUI, UTTARAKHAND

Tibetan private ITI, Selakui was founded with the objective of providing the Tibetan youth with a range of technical skills in various trades so that they can serve in industries and community centers in India and abroad or set up their own business for self-employment.

Tibetan Private Industrial Training Institutes (ITI), and Industrial Training Centers are post-secondary schools in India constituted under Directorate General of Employment & Training (DGET), Ministry of Skill Development and Entrepreneurship, Union Government to provide training in various trades.

ADMISSION ANNOUNCEMENT: May

AFFILIATED TO: NCVT- DGT: 6/35/1/2002-TC (Government of India)

TOTAL BOARDING FEES: ₹ 4500/- per month (inclusive of food, lodging and tuition)

Tibetan Private ITI Fee

- DoH
- Trainee

Department of Home, CTA bears 80% of the monthly training cost for selected 46 trainees. The trainee will have to pay ₹ 1000/- month only.
## HOTEL TRADES

<table>
<thead>
<tr>
<th>Course</th>
<th>Duration</th>
<th>Eligibility</th>
<th>Admission</th>
<th>Seats</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baker &amp; Confectioner</td>
<td>20 months</td>
<td>18-25 yrs old, 10th Passed</td>
<td>1st Week June</td>
<td>30</td>
</tr>
<tr>
<td>Food &amp; Beverage</td>
<td>20 months</td>
<td>18-25 yrs old, 10th Passed</td>
<td>1st Week June</td>
<td>15</td>
</tr>
<tr>
<td>Food Production General</td>
<td>20 months</td>
<td>18-25 yrs old, 10th Passed</td>
<td>1st Week June</td>
<td>32</td>
</tr>
</tbody>
</table>

## TECHNICAL TRADES

<table>
<thead>
<tr>
<th>Course</th>
<th>Duration</th>
<th>Eligibility</th>
<th>Admission</th>
<th>Seats</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wireman</td>
<td>27 months</td>
<td>18-25 yrs old, 10th Passed</td>
<td>1st Week June</td>
<td>8</td>
</tr>
<tr>
<td>Mechanic Motor Vehicle</td>
<td>27 months</td>
<td>18-25 yrs old, 10th Passed</td>
<td>1st Week June</td>
<td>12</td>
</tr>
<tr>
<td>Carpenter/Technical Allied</td>
<td>27 months</td>
<td>18-25 yrs old, 10th Passed</td>
<td>1st Week June</td>
<td>8</td>
</tr>
</tbody>
</table>

## SERVICE TRADES

<table>
<thead>
<tr>
<th>Course</th>
<th>Duration</th>
<th>Eligibility</th>
<th>Admission</th>
<th>Seats</th>
</tr>
</thead>
<tbody>
<tr>
<td>Secretarial Practice</td>
<td>18 months</td>
<td>18-25 yrs old, 12th Passed</td>
<td>1st Week June</td>
<td>15</td>
</tr>
<tr>
<td>Spa therapy</td>
<td>18 months</td>
<td>18-25 yrs old, 12th Passed</td>
<td>1st Week June</td>
<td>22</td>
</tr>
<tr>
<td>Basic Cosmetology</td>
<td>18 months</td>
<td>18-25 yrs old, 10th passed</td>
<td>1st Week June</td>
<td>22</td>
</tr>
<tr>
<td>Computer Application</td>
<td>26 months</td>
<td>18-25 yrs old, 12th Passed</td>
<td>1st Week June</td>
<td>20</td>
</tr>
</tbody>
</table>
“Every day, think as you wake up, today I am fortunate to be alive, I have a precious human life, I am not going to waste it. I am going to use all my energies to develop myself, to expand my heart out to others; to achieve enlightenment for the benefit of all beings. I am going to have kind thoughts towards others, I am not going to get angry or think badly about others. I am going to benefit others as much as I can.”

- His Holiness the 14th Dalai Lama
### Vocational Scholarship

<table>
<thead>
<tr>
<th>Course</th>
<th>Duration</th>
<th>No. of Scholarship</th>
</tr>
</thead>
<tbody>
<tr>
<td>Front Office, Housekeeping, Food Production &amp; Beverages, Cookery Craft</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Travel, Tourism, Ticketing</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Office Management, Secretarial Practices</td>
<td>The course should be minimum of 6 months - 1 year</td>
<td>25</td>
</tr>
<tr>
<td>Hotel Management</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beautician</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stock Market</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Airhostess, Flight Steward, Make-up Artist &amp; other</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Contact Details**

Email: education@tibet.net
Phone: +91-1892-222572 / 222721 / 226705
TIBETAN ENTREPRENEURSHIP DEVELOPMENT (TED)
DEPARTMENT OF FINANCE, CTA

Tibetan Entrepreneurship Development is an initiative of the Department of Finance, Central Tibetan Administration aiming to mobilize and amplify Tibetan entrepreneurial spirit by fostering, nurturing, accelerating value-add connections and celebrating entrepreneurship.

PRE-INCUBATION TRAINING
The program is designed especially for the ideation and recently startups entrepreneurs. They will be provided Business Development support which includes business idea validation, marketing, product development, business plan development, knowledge enhancement and building networks.

<table>
<thead>
<tr>
<th>Eligibility Criteria</th>
<th>No. of seats</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Applicant should be a Tibetan national holding a valid and updated Green Book</td>
<td>Maximum 10 (Fluctuates)</td>
<td>5 weeks</td>
</tr>
</tbody>
</table>

Training Announcement will be in February-March

Upon completion of the program, participants have to take part in TED’s Business Plan Competition. Entrepreneurs present their business plan to a panel of judges and are awarded seed funding up to 3 lakhs based on the needs and strength of their business plan.

CONTACT DETAILS
Email: ted@tibet.net
Phone: +91 9805035128
+91 9816768569
TED INVESTMENT AWARD
It’s a competition to identify new entrepreneurs who have a great business plan but do not have the financial support to make it a reality. The finalists will be awarded prizes of up to a total of ₹ 15,00,000/-.

<table>
<thead>
<tr>
<th>Eligibility Criteria</th>
<th>No. of seats</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Applicant should be a Tibetan national holding a valid and updated Green Book</td>
<td>• Viability and sustainability of the Business</td>
</tr>
<tr>
<td>• Applicant must have completed an undergraduate degree or equivalent coursework from a university or college</td>
<td>• Social Impact of the Business Plan</td>
</tr>
<tr>
<td></td>
<td>• Realistic Revenue Model</td>
</tr>
<tr>
<td></td>
<td>• Personal Drive of the Entrepreneur</td>
</tr>
</tbody>
</table>

GAME CHANGER CONFERENCE
The conference aims at creating an annual platform for collaboration, innovation and networking between Tibetan Entrepreneurs and the world. It enables Tibetan entrepreneurs to build networks, enrich knowledge, and connect mentors and investors to pitch their business ideas on the given platform.

<table>
<thead>
<tr>
<th>Eligibility Criteria</th>
<th>No. of seats</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Applicant should be a Tibetan national holding a valid and updated Green Book</td>
<td></td>
</tr>
<tr>
<td>• Applicant must have class 12 pass certificate</td>
<td></td>
</tr>
</tbody>
</table>

Training Announcement will be in June

LEGAL REGISTRATION & BUSINESS INCORPORATION SUPPORT
The Legal Registration & Business Incorporation Support Program is designed to help entrepreneurs legally register and/or incorporate their business so that it is in compliance with the laws of the local & central government.
NORBULINGKA INSTITUTE
DHARAMSHALA

Norbulingka is a unique institute dedicated to the preservation of Tibetan arts and culture. It is a community with a sustainable business model and a strong social mission: keeping Tibetan culture alive by training people for the future.

Over the years, Norbulingka has kept alive centuries old Tibetan traditions in content, form, and process by providing apprenticeships in traditional Tibetan art forms and making Tibetan experience accessible for contemporary lifestyle.

FACILITIES:
- Food & accommodation.
- Internship and Placement are provided.

TRAINING FEE: Training and facilities are provided at free of cost to Tibetan.

TRADITIONAL TIBETAN ARTS

<table>
<thead>
<tr>
<th>Course</th>
<th>Duration</th>
<th>Eligibility</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thangka Painting</td>
<td>3 years</td>
<td>18-30 yrs old, 7th Passed</td>
</tr>
<tr>
<td>Wood Carving</td>
<td>3 years</td>
<td>18-30 yrs old, 7th Passed</td>
</tr>
<tr>
<td>Wood Painting</td>
<td>3 years</td>
<td>18-30 yrs old, 7th Passed</td>
</tr>
<tr>
<td>Applique</td>
<td>3 years</td>
<td>18-30 yrs old, 7th Passed</td>
</tr>
</tbody>
</table>

CONTACT DETAILS
Website: www.norbulingka.org
Email: info@norbulingka.org
Phone: +91 9882368744
Vocational training center of the Tibetan Homes Foundation (THF) was established in 1965 with the primary objective of providing skill training to the children of those Tibetans who were engaged in road construction work. The center runs skill training program in Thanka painting, Oil painting and traditional dress making. Lodging and mess facilities are also provided.

**FACILITIES:**
- Food, uniform, accommodation and stipend.
- Internship and placement opportunities.
- Computer and recreational facilities.
- Complimentary course like candle and doll making are also provided along with the course chosen.
- Post training support like travelling allowance and other support.

**ADMISSION:** March/April

**SKILL TRAINING PROGRAMS**

<table>
<thead>
<tr>
<th>Course</th>
<th>Duration</th>
<th>Open To</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thangka Painting</td>
<td>5 years</td>
<td>Open to all</td>
</tr>
<tr>
<td>Modern Oil Painting</td>
<td>4 years</td>
<td>Open to all</td>
</tr>
<tr>
<td>Traditional Dress Making</td>
<td>3 years</td>
<td>Open to all</td>
</tr>
</tbody>
</table>
"Human potential is the same for all. Your feeling, "I am of no value", is wrong. Absolutely wrong. You are deceiving yourself. We all have the power of thought – so what are you lacking? If you have willpower, then you can change anything. It is usually said that you are your own master."

His Holiness the 14th Dalai Lama
SOS Vocational Training Center-Pokhara Nepal is under the umbrella of SOS Kinderdorf International Austria. The training center was established in 1978 with two trades only. Gradually it was expanded with 5 more trades. At the moment there are 7 trades. These are Furniture Making, Auto-Mechanic, Building Electrician, Electronics, Assistant Welding, Lathe Operator and Computer Operator. All these trades are accredited by CTEVT (Council for Technical Education and Vocational Training) which is under the Ministry of Education-Nepal.

### Skill Training Programs

<table>
<thead>
<tr>
<th>Course</th>
<th>Duration</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Computer Operator</td>
<td>3 months</td>
<td>20</td>
</tr>
<tr>
<td>Building Electrician</td>
<td>3 months</td>
<td>20</td>
</tr>
<tr>
<td>Electronics</td>
<td>3 months</td>
<td>10</td>
</tr>
<tr>
<td>Furniture Making</td>
<td>3 months</td>
<td>10</td>
</tr>
<tr>
<td>Auto-Mechanic</td>
<td>3 months</td>
<td>20</td>
</tr>
<tr>
<td>Welder</td>
<td>3 months</td>
<td>5</td>
</tr>
<tr>
<td>Lathe Operator</td>
<td>3 months</td>
<td>5</td>
</tr>
</tbody>
</table>

### Fees

- Admission fees: ₹ 625/-
- Fooding & Lodging per month: ₹ 2812/- (For those staying in Hostel)
- Training Fee per month: ₹ 938/-
EMPOWERING THE VISION (ENVISION)
NEW DELHI

TIBETAN CAREER SERVICES
TCS helps in serving the Tibetan youth with career services and other related services that have ensured placement and at times with job preparedness, capacity building and often with career and education advice, and related support. The following programs are under TCS;

FELLOWSHIP GRANTS
- Internships: Applicants should clearly state their career interest and preferred sector in which they would like to gain experience. Preference will be given to applicants who are willing to make their own effort at getting internships.

  Monthly stipend: ₹ 5000/- per students
  No. of beneficiary: 5 Tibetans
  Duration: 6 months

- Short-term courses/training: Besides internships, ENVISION offers grants for short-term courses and training preferably with assured job placements.

  Duration: Minimum 3 - 6 months
  Seats: 5
  Eligibility: Age between 18 – 35 years, Class X Certificate, Copy of Green Book
  Grant: ₹ 50,000/-
  Announcement: March

MISSION ADMISSION (MARCH)
The program helps the students with direction and guidance on admission in Delhi University (DU) and other colleges in collaboration with Tibetan Student leaders/ groups across India.

WORKSHOPS AND TRAININGS
- Employability skills training (Sept)
- Life skills workshop (February)

GLOBAL VISION FOR YOUNG TIBETANS CONFERENCE (DECEMBER)
It aims to motivate Tibetan youth to engage their potential and the enthusiasm into self and community development through series of learning sessions while celebrating success and achievements of young Tibetans.
BUILDING BRIDGES PROGRAM

SUMMER CAMP & SCHOOL EXCHANGE PROGRAM
The project is to bring together young people from the Tibetan and Indian communities or between young Tibetan students from two different schools to foster better understanding and develop respect, care, learning and sharing. It helps young Tibetans in exile to have an exposure of the world outside their Tibetan hamlets and schools.

LEADERSHIP WORKSHOP (APRIL)
Every year, EVP organize leadership workshop for a new Class XII batch students to motivate them to aspire for big goals through Leadership, Critical Thinking, Interpersonal Communication, Self Awareness, Assertiveness, and a sense of Responsibility.

LET’S MAKE A DIFFERENCE
They support Tibetan university students to participate in the annual National Youth Conference by ‘Initiative of Change’. The conference encourages every individual to find their own unique contribution to the transformation needed in the world – starting with oneself.

Total Seats: 10 university students
Eligibility: Age group 16-29 yrs
Selection: Merit based
Announcement: February
GLOBAL TIBETAN PROFESSIONALS NETWORK

A platform where Tibetan professionals from diverse backgrounds can network with each other and, find creative ways of contributing to the community, and help mentor young Tibetan aspirants academically or professionally through school and university outreach activities.

TIBETAN ENTREPRENEURSHIP FUND (MARCH)

This project is to help Tibetans in the age group of 25-40 who have the vision, drive and idea to set up or enlarge a business which is socially responsible, economically beneficial, culturally sensitive and environmentally friendly. There is no minimum educational requirement apart from a basic literacy and a good understanding of business accounting. The loan must be paid in five years with repayment starting from the third year.

Total Fund: Between 1 to 2 lacs INR

General criteria for selection:
- Financial viability (should be in a position to repay the loan)
- Clear and realistic
- Social impact
“Given the scale of life in the cosmos, one human life is no more than a tiny blip. Each one of us is a just visitor to this planet, a guest, who will only stay for a limited time. What greater folly could there be than to spend this short time alone, unhappy or in conflict with our companions? Far better, surely, to use our short time here in living a meaningful life, enriched by our sense of connection with others and being of service to them.”

- His Holiness the 14th Dalai Lama
The project is an initiative of Tibetan Women’s Association with the mission to facilitate the women in our society to become self reliant. The training provides stipend ₹ 2400/- per month and tailoring machine to all the trainees after the completion of their course.

TAILORING

**DURATION:** 18 Months

**SEATS:** 10 Female

**ELIGIBILITY:** Must be of Tibetan nationality having both RC & GB.

**FEES:** N/A

**ADMISSION ANNOUNCEMENT:**
After every one and half years between January - March.

**CONTACT DETAILS**
Email: tibwomen@gmail.com
Phone: 1892-221527
+91 9882672299
DISCLAIMER

This publication is made possible by support of the American People through the United States Agency for International Development (USAID). The contents of this booklet are the sole responsibility of Central Tibetan Relief Committee (CTRC) and do not necessarily reflect the views of USAID or the United State government.

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Dharamsala - 176215
Distt Kangra - H.P.

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